



Builders Trust Field Safety Services has the mission of providing long term, stable solutions to workers' compensation obligations and liabilities for its participants and the members of the New Mexico Home Builders Association. Our philosophy is to maximize value and promote safety to our Participants and their employees through various services including industry safety training. Below you will find a detailed synopsis of the construction industry safety courses that Builders Trust Field Safety has to offer. Please review the courses available and contact our Service Center for registration or general questions. Please keep in mind...

The prevention of accidents and injuries is the responsibility of both the employer and employee.

No job is too important that we cannot take time to do the work safely.

Safety training is essential to ensure safety in the field.

Safe work habits should be a condition of employment.

All exposures can be safeguarded.

All injuries can be prevented.

Safety is just *Good Business*

Note: All classes are available in either English or Spanish

OSHA Construction Industry Training

(See Course Guidelines prior to registration) OSHA 10-HOUR

Certification (FULL COURSE)

- **Duration** – 10 hours, split over 2 days, at 5 hours each day, including two 10 minute breaks.
- **Focus Audience** – General Staff / Site Worker
- **Materials** – Intro to OSHA Guide / Focus Four Hazards for Construction Guide / 1926 OSHA Pocket Guide
- **Overview** – This course is conducted by OSHA certified instructors. The course is designed to provide an introduction to OSHA and a basic overview of the most frequently cited and/or violated safety standards within the construction industry. The course is instructed using OSHA mandated training materials and covers topics within: Introduction to OSHA, Focus Four Hazards for Construction (Falls, Electrocution, Caught-In, and Struck-By), Personal Protective Equipment (PPE), and Health Hazards in Construction. This course will also include the instruction of a selected number of elective topics chosen by the instructor. These elective topics may include: Excavation & Trenching, Materials Handling & Storage, Hand & Power Tool Safety, Ladder Safety, and/or Scaffold Safety. This course is designed to provide an overview and basic insight to OSHA safety regulations. It is intended for lower level employees who may be new to the industry, and who are not required to manage others and/or an onsite safety program.
- **Certification** - Upon successful completion of the course student will receive their OSHA 10 card.

COST

\$160.00 (Non-Association Members)

\$80.00 (Association Members)

40.00 (Builders Trust Participants)

OSHA 30-HOUR Certification (FULL COURSE)

- **Duration** – 30 hours, split over 4 to 5 days, at 4 to 7.5 hours each day, includes two 10 minute breaks and 1 hour for lunch each day. (Day and time durations vary based on location.)
- **Focus Audience** – Supervisory Staff & Management
- **Materials** – Intro to OSHA Guide / Focus Four Hazards for Construction Guide / CFR 1926 OSHA Construction Industry Regulation Manual
- **Overview** – This course is conducted by OSHA certified instructors. The course is designed to provide an in-depth review of OSHA's 29 CFR 1926, Safety Regulations for the Construction Industry. This comprehensive training course is instructed by using OSHA mandated training materials and covers topics within: Introduction to OSHA, Focus Four Hazards for Construction (Falls, Electrocutation, Caught-In, and Struck-By), Personal Protective Equipment, and Health Hazards in Construction. Beyond these basic topics the instructor will also cover all other major components of the OSHA regulation manual including: Confined Space, Respiratory Protection, Scaffold Safety, Ladder Safety, Cranes & Rigging Safety, Excavation & Trenching, Fall Protection & Prevention, Electrical Safety, Hand & Power Tool Safety, and Materials Handling. This course is designed for management or supervisory personnel whose position requires them to be in charge of other employees, managing on site safety practices, and/or has years of previous industry experience while taking on more responsibility.
- **Certification** - Upon successful completion of the course student will receive their OSHA 30 card.

COST

\$500.00 (Non-Association Members)

\$250.00 (Association Members)

\$125.00 (Builders Trust Participants)

Construction Safety 10HR (REFRESHER)

- **Duration** – 5 hours, completed in 1 day, including one 10 minute break.
- **Focus Audience** – General Staff / Site Worker (**NOTE:** This course is for employees who have already successfully completed the “FULL” 10 Hour Certification OSHA course within the past 3 years. Those who have not completed the “FULL” 10 Hour OSHA course, or have completed the course more than 3 years prior, would need to attend the “FULL” 10 Hour OSHA course.)
- **Materials** – Focus Four Hazards for Construction / 1926 OSHA Pocket Guide
- **Overview** – An abbreviated version of the “FULL” 10HR course, this “REFRESHER” training will focus on refreshing and updating the student on any OSHA regulatory changes that may have taken place since their completion of the “FULL” course. Core topics will include the Focus Four Hazards as a reminder that they are the areas or scopes of work where hazard exposures are highest. They also lead to the most frequently cited injuries and illnesses. From there course topics may vary based on any changes or updates that have occurred within OSHA’s regulations and/or the industry. Our instructors will do their best to focus these additional topics in the interest of the students present.
- (**NOTE:** For those students who successfully complete this course, a written letter will be provided from BT that clarifies the student attended and completed the course. No OSHA certificate or certification card will be provided.)

COST

\$120.00 (Non-Association Members)

\$60.00 (Association Members)

\$30.00 (Builders Trust Participants)

Construction Safety 30HR (REFRESHER)

- **Duration** – 8 hours, completed in 1 day, including two 10 minutes breaks and 1 hour for lunch.
- **Focus Audience** – Supervisory Staff & Management (**NOTE:** This course is for employees who have already successfully completed the “FULL” 30 Hour OSHA course within the past 3 years. Those who have not completed the “FULL” 30 Hour OSHA course, or have completed the course more than 3 years prior, would need to attend the “FULL” 30 Hour OSHA course.)
- **Materials** – Focus Four Hazards for Construction / CFR 1926 OSHA Construction Industry Regulation Manual / Regulatory Updates
- **Overview** – An abbreviated version of the “FULL” 30HR course, this “REFRESHER” training will focus on refreshing and updating the student on any OSHA regulatory changes that may have taken place since their completion of the “FULL” course. Core topics will include the Focus Four Hazards as a reminder that they are the areas or scopes of work where hazard exposures are highest. They also lead to the most frequently cited and injuries and illnesses. From there course topics may vary based on any changes or updates have occurred within OSHA’s regulations and/or the industry. Our instructors will do their best to focus these additional topics in the interest of the students present.
- (**NOTE:** For those students who successfully complete this course, a written letter will be provided from BT that clarifies the student attended and completed the course. No OSHA certificate or certification card will be provided.)

COST

\$300.00 (Non-Association Members)

\$150.00 (Association Members)

\$75.00 (Builders Trust Participants)

Construction Industry 8-Hour

- **Duration** – 8 hours, 1 days, including two 10 minute breaks and half hour for lunch.
- **Focus Audience** – General Staff / Site Worker
- **Materials** – Intro to OSHA Guide / Focus Four Hazards for Construction Guide / 1926 OSHA Pocket Guide
- **Overview** – This course is designed to provide an alternative to the **OSHA 10-hour** with an introduction to OSHA and a basic overview of the most frequently cited and/or violated safety standards within the construction industry. The course utilizes OSHA topics such as: Introduction to OSHA, Focus Four Hazards for Construction (Falls, Electrocution, Caught-In, and Struck-By), Personal Protective Equipment, and Health Hazards in Construction. This course will also include the instruction of a selected number of elective topics chosen by the instructor. These elective topics may include: Excavation & Trenching, Materials Handling & Storage, Hand & Power Tool Safety, Ladder Safety, and/or Scaffold Safety. This course is designed to provide OSHA training in a “step styled” program that will allow employers to evaluate employees and their performance and eventually lead to the formal OSHA 10 training. Employees will not obtain a formal OSHA certification, but will receive a training card from Builders Trust certifying eight (8)hours of safety training. It is not a substitute for the OSHA 10-hour course; it provides immediate critical OSHA safety training in an effort to prevent injury and loss.
- **Certification** - The Employee will not receive an official OSHA Card. However, they will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards.

COST

\$160.00 (Non-Association Members)

\$80.00 (Association Members)

\$40.00 (Builders Trust Participants)

Construction Industry 16-Hour (FULL COURSE)

- **Duration** – 16 hours, split over 2 days, 8 hours each day, includes two 10 minute breaks and 1 hour for lunch each day. (Day and time durations vary based on location.)
- **Focus Audience** – Supervisory Staff & Management
- **Materials** –CFR 1926 OSHA Construction Industry Regulation Manual
- **Overview** – This course is designed to provide an in depth review of OSHA’s 29 CFR 1926, Safety Regulations for the Construction Industry and is provided as an alternative to the **OSHA 30-hour**. This comprehensive training course is instructed through the use of OSHA mandated training materials and covers topics within: Introduction to OSHA, Focus Four Hazards for Construction (Falls, Electrocution, Caught-In, and Struck-By), Personal Protective Equipment, and Health Hazards in Construction. Beyond these basic topics the instructor will also cover all other major components of the OSHA regulation manual including: Confined Space, Respiratory Protection, Scaffold Safety, Ladder Safety, Cranes & Rigging Safety, Excavation & Trenching, Fall Protection & Prevention, Electrical Safety, Hand & Power Tool Safety, and Materials Handling. This course is designed for management or supervisory personnel whose position requires them to be in charge of other employees, or who may have received an OSHA 30-Hour Card more than three years prior and do not qualify for our Refresher course. In addition, this is a great course for a company that is not able to send employees to the weeklong OSHA 30-hour course, but still need regulation and standards training.
- **Certification** - The Employee will not receive an official OSHA Card. However, they will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards.

COST

\$320.00 (Non-Association Members)

\$160.00 (Association Members)

\$80.00 (Builders Trust Participants)

National Safety Council Courses

(See Course Guidelines prior to registration)

First Aid / CPR

- **Duration** – 6 hours, completed in 1 day, including two 10 minute breaks and 1 hour for lunch.
- **Focus Audience** – All Staff
- **Materials** – NSC Student Handbook & DVD
- **Overview** – This class is taught by a NSC certified instructor. Not all first aid and CPR courses are created equal. Many providers do not offer the comprehensive training needed to meet OSHA First Aid Standard 29 CFR 1910.151. Every five years, guidelines detailing how rescuers should perform vital first aid and basic life support techniques are updated based on medical research. Do not put your employees' safety at risk. From OSHA compliance to workplace wellness, effective first aid and CPR training is vital to your organization's safety. This training course will provide students with the most current practices and techniques ensuring that they can support themselves and/or others in a time of need.
- **Certification** - NSC Certification and wallet Card.

COST

\$160.00 (Non-Association Members)

\$80.00 (Association Members)

\$40.00 (Builders Trust Participants)

Defensive Driving 4HR

- **Duration** – 4 hours, completed in 1 day, including one 10 minute break.
- **Focus Audience** – All staff who may operate vehicles or mobile equipment on behalf of the employer.
- **Materials** – NSC Student Handbook & DVD
- **Overview** – This class is taught by a NSC certified instructor. Motor vehicle collisions are the leading cause of death and injury in the workplace and the cost of a single accident could easily exceed \$1.4 million. A defensive driver safety program can reduce risk and keep people safer on the road. Defensive Driving Safety Training has proven to be an effective solution by controlling liability costs associated with work-related vehicle crashes, reduce insurance premiums and fleet repair bills, reduce motor vehicle incident rates, decrease workers compensation claims, improve productivity by keeping employees safe on and off the job, and protecting your brand or company through public perception of your driving practices.
- **Certification** - NSC Certification and wallet Card.

COST

\$120.00 (Non-Association Members)

\$60.00 (Association Members)

\$30.00 (Builders Trust Participants)

Focus Safety Courses for High Risk Hazard Exposures

(See Course Guidelines prior to registration)

3-Hour Awareness Level Focus Training Topics

Fall Protection

- **Duration** – 3 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to a fall hazard of 6ft. or more in height.
- **Materials** – Fall Protection Student Booklet / Various Other Handouts
- **Overview** –Most of us have slipped at some point in time and have thankfully lived to talk about it. Unfortunately, there are many people that have fallen and were either seriously injured or it resulted in a fatality. According to the U.S. Department of Labor, falls account for about eight percent of all workplace fatalities and more than 100,000 injuries occur from falls each year. This training course will cover the ABC's of Personal Fall Arrest Systems, what fall protection is required (including where and when), the hazards associated with falling objects, general OSHA regulatory standard expectations, and the various components that make up a fall protection or prevention system.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Confined Spaces In Construction

- **Duration** – 3 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from or within a confined space.
- **Materials** – Confined Space Student Booklet / Various Other Handouts
- **Overview** – Construction workers often perform tasks in confined spaces such as pits, manholes, and crawl spaces. These confined spaces are not designed for continuous occupancy and can be very difficult to exit in the event of an emergency. Confined spaces can present life-threatening hazards including: toxic substances, electrocutions, explosions, and asphyxiation. These hazards can be prevented if addressed prior to entering the work space. This training course is designed to assist employers and employees in understanding the requirements for practices and procedures in order to protect employees engaged in construction activities at work-sites with one or more confined spaces.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Respiratory Safety

- **Duration** – 3 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to respiratory hazards or working environments that create them.
- **Materials** – Respiratory Safety Student Booklet / Various Other Handouts
- **Overview** – Every day thousands of workers are subjected to airborne contaminants. These contaminants can cause harm to the respiratory system and other vital systems if allowed to enter the human body. While the human body has natural defense mechanisms in place, they are no match for the harmful dust, mist, vapors, and other airborne contaminants often created in the workplace. In this course students will learn the hazards of these exposures, how these exposures can be created, the PPE that will help protect them against ingestion or inhalation, general safe work practices to minimize exposure, and OSHA regulatory requirements. (NOTE: Crystalline Silica Safety can be included with this training course.)
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Excavation & Trenching Safety

- **Duration** – 3 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to the hazards of working in or near excavations and/or trenches.
- **Materials** – Excavation & Trenching Safety Student Booklet / Various Other Handouts
- **Overview** – An excavation is any man-made cut, cavity, or depression in the earth's surface, formed by earth removal. This includes a trench, which is a narrow type of excavation made below the ground that is deeper than it is wide. Trenches can be up to 15 feet wide. Trenches and excavations are very common at construction sites and are considered one of the most dangerous construction operations. It is estimated that 100 plus deaths per year occur due to cave-ins and other excavation hazards. OSHA requires that workers in trenches and excavation areas be protected. Most fatalities and injuries could be avoided with proper knowledge, utilization of OSHA safety standards, and an effective health and safety program. In this training course students will learn the different soil types and how to identify them, the various safety systems available for use to prevent cave-ins, safe work practices for creating and/or working within an excavation or trench, and OSHA regulatory requirements.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Hazard Communications: (Hazard Communication, Safety Data Sheets, & Chemical Labels)

- **Duration** – 3 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to any chemical hazards or hazardous material.
- **Materials** – Hazard Communication, Safety Data Sheets, & Chemical Labels Student Booklets / Various Other Handouts
- **Overview** –2012 changes to OSHA’s Hazard Communication Standard (29 CFR 1910.1200) are brings the U.S. into alignment with the Globally Harmonized System (GHS) of Classification and Labeling of Chemicals, in order to improve the safety and health protections for America’s workers. The revision to OSHA’s Hazard Communication Standard, the GHS is expected to prevent injuries and illnesses, save lives, and improve trade conditions for chemical manufacturers. The Hazard Communication Standard in 1983 gave the workers the ‘right to know,’ but the 2012 Globally Harmonized System gives workers the ‘right to understand.’ Students who complete this course will be in compliance with the 2012 GHS standards and will have a better understanding of chemicals they may work with or around, the PPE required to protect themselves, how to read chemical labels and Safety Data Sheets, and the general hazards of chemical exposures.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Respirable Crystalline Silica For Construction

- **Duration** – 3 to 4 hours, completed in 1 day, includes two 5 or one 10 minute break.
- **Focus Audience** – All staff who may be exposed to any Crystalline Silica hazards or hazardous material.
- **Materials** –Respirable Crystalline Silica for Construction Student Booklets / Table 1 and Various Other Handouts
- **Overview** – 2017 & 2018 changes to OSHA’s Respirable Crystalline Silica Standard (29 CFR 1926.1153) requires employers to comply with new regulations and training. The revisions to OSHA’s Standards, introduced Table 1 and the Small Entity Guide in an effort to simplify meeting the industry standard. Employers and students who complete this course will be in compliance with the training requirements and introduce them to respirator use and regulations. Once completed, there may be a need for further training related to the use of respirators; this course will help in determining the need for any further training.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

2-Hour Awareness Level Focus Training Topics

New Hire Orientation: Construction Safety Orientation & PPE Snap-Shot

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be new to the construction industry and require an initial, basic understanding of the hazard exposures they may encounter.
- **Materials** – Construction Safety Orientation & PPE Student Booklets / Various Other Handouts
- **Overview** – Working in the construction industry brings many challenges and dangers. Your employer is working to ensure you make it home safe and sound at the end of the work day. Whether you are a painter, carpenter, electrician, plumber or roofer, your health and safety is the number one priority at the work site. As an employee, you are faced with situations that require prior training, quick decisions, and proper actions. This training will discuss a variety of topics and introduce some basic safety rules to help you recognize and prevent hazards at the work site. Your employer will provide more in-depth training on each topic as needed.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Slips, Trips, & Falls In Construction

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards of this type within their respective working environments. This training course is good for both field operations and office staff.
- **Materials** – Slips, Trips, & Falls In Construction Student Booklet / Various Other Handouts
- **Overview** – Accidents happen every day. Whether you are at home, work or play there is always the possibility of being involved in an accident and injuring yourself or someone else. While most of us “think” about safety when it comes to big tasks or using certain tools or equipment, it is the little things that tend to cause the most injuries. This course will cover safe work practices while working on or within work areas where wet surfaces, materials, tools, and/or debris may be present. Topics of discussion will include preventative measures to prevent accidents, falling correctly, and safe work practices for walking on working surfaces.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Personal Protective Equipment

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazardous materials, tools, equipment, or general operations that could cause bodily harm (injury and/or illness) or death.
- **Materials** – Personal Protective Equipment Student Booklet / Various Other Handouts
- **Overview** – Protective equipment includes: personal protective equipment for eyes, face, head, and extremities, protective clothing, respiratory devices, and protective shields and barriers. PPE shall be provided, used, and maintained in a sanitary and reliable condition, either by hazards of processes or the environment. This course will discuss the various types of PPE available, their intended use(s), how to maintain respective equipment, how to perform a hazard assessment to identify the PPE required, and define party responsibility to provide and wear the necessary PPE.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Electrical Safety

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from electric shock due to work performed with or near electrical components, panels, circuits, fuses, electrical lines/cables (including extension cords), and tools or equipment.
- **Materials** – Electrical Safety Student Booklet / Various Other Handouts
- **Overview** – With electricity, there is a source of electricity (generating plant), a way to transport it (conductors/power lines) and “pressure” or voltage (provided by transformers) to make the electric current flow to your house or place of employment. This course will provide a detailed overview of how electricity works, the hazard exposures that are involved with it, define various words and/or terms used to define electrical systems or components, the types of injuries that may result from an electric shock, basic lockout/tagout practices, basic grounding theory, the PPE required to with or near electricity, and general safe work practices to consider in the planning and assessment of safeguarding electrical hazards.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Lockout / Tagout Control of Hazardous Energy

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to electric shock, caught-in, struck-by, or environmental hazards from the equipment they are performing maintenance or repairs on, or by entering a space where these conditions may exist.
- **Materials** – Lockout/Tagout Control of Hazardous Energy Student Booklet / Various Other Handouts
- **Overview** – Approximately 3 million workers service equipment and face the greatest risk of injury if lockout/tagout is not properly implemented. Compliance with the lockout/tagout standard (29 CFR 1910.147) prevents an estimated 120 fatalities and 50,000 injuries each year. Workers injured on the job from exposure to hazardous energy lose an average of 24 workdays for recuperation. The lockout/tagout standard requires the adoption and implementation of practices and procedures to shut down equipment, isolate it from its energy source(s), and prevent the release of potentially hazardous energy while maintenance and servicing activities are being performed. It contains minimum performance requirements, and definitive criteria for establishing an effective program for the control of hazardous energy. However, employers have the flexibility to develop lockout/tagout programs that are suitable for their respective facilities.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Ladder Safety

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from falls associated with work from ladders.
- **Materials** – Ladder Safety Student Booklet / Various Other Handouts
- **Overview** – Ladders are a very handy tool, both at work and around the home. They are used for tasks such as changing light bulbs and painting, to working at high levels or reaching elevated work areas. Ladders are such simple tools that many people forget the dangers involved when using a ladder. Falls are the leading cause of death in the construction industry and the misuse of ladders is one of the leading causes of fall-related injuries every year. This course will discuss how to identify the proper ladder for the intended use, proper ladder set up, safe work practices while working from the ladder, and general maintenance and inspection techniques.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Scaffold Safety

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from falls associated with erecting, dismantling, or working on scaffold systems.
- **Materials** – Scaffold Safety Student Booklet / Various Other Handouts
- **Overview** – It is estimated that over 2 million workers frequently use scaffolding in the construction field. Statistics show that the number of injuries from scaffold related accidents per year is an astounding 4,500 or more and an average of more than 60 deaths. Proper training and protection for all employees that work with or on scaffolds is vital. This training program will focus on supported scaffolds and provide important information to help keep you safe. A supported scaffold is an elevated, temporary work platform(s) supported by rigid, load-bearing members, such as poles, posts, uprights, legs, frames and outriggers. This course will discuss the safe work practices of erection, dismantling, maintenance, and the performance of work from the scaffold surface.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Machine Safeguarding

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from equipment, tools, and/or machinery.
- **Materials** – Machine Safeguarding Student Booklet / Various Other Handouts
- **Overview** – Every year workers across the United States suffer from injuries sustained from unguarded or inadequately guarded moving machine parts. The unguarded use of machines can lead to injuries such as: amputations, crushed hands and arms, lacerations, abrasions, and blindness. It is estimated that approximately 18,000 injuries and over 800 deaths occur each year among workers who operate and maintain machinery. Knowing the basics of machine safeguarding can prevent you from becoming a statistic. Any machine part, function, or process which may cause an injury must be safeguarded. When the operation of a machine or accidental contact with it can injure the operator or others in the vicinity, the hazards must be either controlled or eliminated. This course will discuss various types of equipment/machines used in typical construction environment, guarding systems for them, how to ensure the maintenance and quality operation of guards that are in place, and general safe work practices when working equipment/machines that require such protective equipment to be in place for use.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Hand & Power Tool Safety

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff who may be exposed to hazards from utilizing hand & power tools.
- **Materials** – Hand & Power Tool Safety Student Booklet / Various Other Handouts
- **Overview** – Hand and power tools are very common in our everyday lives. While they are very useful, they can also be very dangerous. Anyone that has had a wrench slip from a bolt and scraped their knuckles or hammered their finger instead of the nail knows the pain that can occur from a simple mishap. Unfortunately, more serious injuries can and do occur with the use of such tools. By being more aware of the possible dangers and hazards of working with such tools and knowing how to protect yourself, you can more easily avoid or eliminate tool-related accidents. This course will cover basic safe work practices of various types of hand and power tools, including inspection, maintenance, and proper operation.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Situational Awareness

- **Duration** – 2 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All staff members.
- **Overview** – How many of us take the time to assess our surroundings? We are constantly distracted with work, our personal life, cell phones or anything else that draws our attention from the hazards that might be right in front of us. In a blink of an eye our lives could be changed forever, just because we were distracted. Distractions come in many forms and sometimes focus eludes us. Simply understanding that risks and hazards are all around requires us to be focused. How many times have we suffered a simple or minor incident only to realize it could have been more serious? Whether your job tasks are related to construction or you are working in the office, hazards are everywhere and learning tips and skills that help you stay focused can potentially save your life.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Drug and Alcohol Awareness for Supervisors

- **Duration** – 2 to 4 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – Owners, Supervisors and Foreman.
- **Overview** – A Drug and Alcohol Policy is crucial for all organizations. Developing, implementing, and training on this policy is extremely important for effectiveness. First, it starts with how to recognize employees that may have a substance abuse problem and how to properly handle the situation. Next is providing assistance, support, and possible disciplinary procedures on how we approach and document the situation. Ultimately, this helps determine the success of the organization's direction. In addition to awareness training Builders Trust can provide support and direction in assisting you with your Drug and Alcohol Policy.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Drug and Alcohol Awareness for Employees

- **Duration** – 2 to 4 hours, completed in 1 day, includes one 10 minute break.
- **Focus Audience** – All employee.
- **Overview** – After your organization has developed and implemented your Drug and Alcohol Policy training for your employees should be required. How does impairment affect their job performance and ability to work safely; also what are the possible impacts to the safety of their co-workers? Is drug and alcohol testing a condition of their employment and when should they be expected to submit for testing? What are the consequences of their actions? These are all good questions and relate directly to safety, productivity and the morale of your organization.
- **Certification** - Employees will receive a card stating that they have obtained formal safety training in accordance with OSHA Standards

COST

\$60.00 (Non-Association Members)

\$30.00 (Association Members)

\$15.00 (Builders Trust Participants)

Training and Development

Builders Trust is committed to providing our Participants with exceptional training and support related to the safety of your organization and employees. We continuously develop new courses and update existing training in an effort to keep your employees engaged during class. Our goal is to return them to you not only well informed, but hopefully inspired to make better decisions. If there is training topic that we have not listed that you are in need of please give us a call. We will do our best to both develop and provide you with the desired training OR help you find another organization that can assist you.

We understand that no one understands your company's services and operations the way you do, and you are the experts in your field. Therefore, developing and providing training on your own is an advantage you should not ignore. Let our Field Safety Department and our staff provide you with the support and assistance you need by providing useful resources and information.

We can help answer some of the questions you may have, such as:

- Do I need a Safety Officer?
- Do my operations require a Competent Person and what is the definition of a Competent Person by industry standards?
- What Training is required for a Safety Officer or a Competent Person?
- Where can I obtain certification classes required to provide specific formal safety training?
- Is in-house training feasible?
- What documentation is required to meet safety industry standards?
- How does OSHA define training and when is it required?

Course Guidelines To Consider In Registering For or Requesting Training

- 1) **General Training Operations** are Monday through Thursday, from 7:30am to 4:30pm when held in the Albuquerque area. When conducting training courses outside of Albuquerque, start and end days as well as times may vary based on the location. However, they will remain closely within the parameters mentioned previously. Builders Trust does not perform training on weekends, holidays, or on weekdays before to 7:30am or after 4:30pm.
- 2) **Requests to perform training** outside of the standard mentioned above, or those courses currently being offered by Builders Trust (“Special Request” or “Private” courses), should be provided in as far advance as possible. A full review of the request will be performed by the Field Safety Services Manager with approval being provided based on compliance with Builders Trust policies, instructor availability, and the availability of other resources.
- 3) **A minimum of 10 participant employees** (from one or combined) must be registered for a course in order for the course to be conducted. Exceptions to hold courses for less than 10 participant employees will be reviewed and approved, on a case by case basis, by the Field Safety Services Manager. Builders Trust reserves the right to cancel a course at any time. If a course is cancelled by Builders Trust, regardless of reason, all costs invoiced will be refunded to the participant.
- 4) **Costs may be adjusted** for a specific course as necessary to accommodate any additional charges Builders Trust may incur in order to conduct and complete the course offered/requested. Additional charges may include but are not limited to: Builders Trust provided food and beverages and/or the services to provide, venue/facility rental fees, rental and/or purchase of specialty equipment and/or training materials, fees associated with student/employee certifications.
- 5) **Student/Employee attendance** is mandatory for all courses. Any student/employee who misses more than 15 minutes of a course will not receive full credit and will not be allowed to complete the course to retain/obtain their certification. Students/employees are expected to communicate any personal or work related conflicts with the instructor immediately. Based on this requirement, the instructor will make exceptions as they feel necessary. If a student/employee is removed from the course for lack of acceptable attendance, no refunds will be provided to the participant/employer.
- 6) **Participant cancellations** must be received by Builders Trust no later than 3 full business days prior to the start date of the course. If notice has not been provided 3 full business days prior, a 25% charge of the total course fee for each student/employee registered will be imposed and retained by Builders Trust. If notice of cancellation is provided to Builders Trust on the day of the course, a 50% charge of the total course fee for each student/employee registered will be imposed and retained by Builders Trust. If a student/employee does not show up for the course, and no cancellation request has been placed, 100% of the cost will be retained by Builders Trust. All refunds are subject to review by the Field Safety Services Manager for final approval and disbursement.
- 7) **OSHA Construction Industry Training courses** are conducted in compliance within OSHA hourly and daily instructional limitations and/or requirements. Flexibility in how these courses are conducted is limited and any adjustments are made on a case by case basis. All requests to conduct these courses outside the standard days and/or hours established by Builders Trust will require a minimum advanced notice prior to the dates requested. A formal review of the request will be conducted by the Field Safety Services Manager, and approvals will be provided based on OSHA compliance, Builders Trust policy compliance, instructor availability, and the availability of other necessary resources.

- 8) National Safety Council (NSC) courses are conducted in compliance within NSC hourly and daily instructional limitations and/or requirements. Flexibility in how these courses are conducted is limited and any adjustments are made on a case by case basis. All requests to conduct these courses outside the standard days and/or hours established by Builders Trust will require a minimum advanced notice prior to the dates requested. A formal review of the request will be conducted by the Field Safety Services Manager, and approvals will be provided based on NSC compliance, Builders Trust policy compliance, instructor availability, and the availability of other necessary resources.
- 9) Continuing education credits will be provided only for OSHA 10 and 30 hour certification courses in compliance with OSHA and the U.S. Department of Labor guidelines at a 10:1 ratio. Please note that not all regulatory agencies recognize Builders Trusts specific certifications. Proof of course completion to retain credits will be provided upon request.
- 10) To register students for currently scheduled courses contact the Builders Trust Service Center to ensure availability. Courses can be capped between 15 and 25 students depending on the course. If space is available you may work with the Service Center Representative to reserve your seat(s), and complete the billing/invoicing process. If space is not available, the Service Center Representative will collect information from you and place you on a waiting list for the next available course in your area.
- 11) Food and beverage services are not provided as standard procedure, however if needed please allow a minimum of 10 days in advance of the training start date. Builders Trust will review the request and work with the participant as necessary to try and accommodate these services. In the event that Builders Trust provides these services an additional charge will be applied per student registered for the course.
- 12) Student/Employee conduct is expected to be business professional. Any student observed acting in a manner unbecoming of their employer, Builders Trust, or the host facility will be removed from the course immediately and indefinitely. Parking, smoking, electronic device use and various other facility or training course courtesy requirements shall be respected and followed to ensure a quality learning environment for all students. Student/Employee participation throughout the course is highly encouraged.
- 13) Replacement Cards and Certifications are available if lost or if there is a change in the spelling of the employees name is requested. However, for formal OSHA Cards or National Safety Counseling cards and certification replace there is a charge for this service of \$20.00.

For questions, comments, concerns or additional support please contact Builders Trust Service Center and/or Field Safety Services.

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Main Fax: (505) 344 – 7245**

WebNet Video Based Training System

[WebNet Video Training System](https://safetysourceonline.com/company/builders-trust-of-new-mexico/)
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